

CERTIFICATE

OF PARTICIPATION

This is to certify that

Attie Graaff

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 02:20:43

PACE 17:34/km

OVERALL 156 of 166

23 June 2019, Sun

Date

GENDER 74 of 78

50 - 59 10 of 11



Signature